Stradom House Events

1 OCTOBER 2024

31 OCTOBER 2024

→ Every Tuesday, SÓL Fit 19:00 - Yoga

→ Every Thursday, SÓL Fit 10:00 - Aerial Stretching

Personal Trainings, SÓL Fit We invite you to personal trainings tailored to Your needs



Ioin Stradom House *Membership Club!*

For sport classes booking is required. Number of spots is limited. Booking: membership@stradomhouse.com



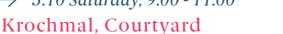
→ 4.10 Friday, 20:30 - 1:00

Krupa & Sunsara, Hedwig's

EWELINA KRUPA has been a violinist since she was 6. She has been involved with the club scene and events since 2007, and with parachutes since 2016. When she doesn't jump, she has to play, when she doesn't play she has to jump.

SUNSARA is a creator of progressive and deep sound in the climate of deep organic and afro house. An artist from Lower Silesia. Her performances are saturated with passion and fill the heart with the power of good vibrations. We invite you to Hedwig's for this exceptional duet. Less drama, more glitter!

→ 5.10 Saturday, 9:00 - 11:00



A project founded by Krupa & Sunsara, dedicated to celebrating life without rush. All you need for happiness is music, coffee and us. What counts is here and now. For us, it doesn't matter who you sleep with and with whom you eat breakfast. You don't need fancy clothing or styling. We want you to feel at ease - like at home. Let us invite you to the world of music with an organic, soulfull and downtempo soul.

Press: Krupa & Sunsara

OPEN EVENT





Press: DJ Naro

→ 5.10 Saturday, 20:30 - 1:00 DJ Naro, Hedwig's

→ 6.10 Sunday, 12:00 **SUNDAY CHAPEL** Unsound x Stradom House, Hedwig's

Together with the Unsound festival, we invite you to spend your Sunday lazing around with a DJ set. Piotr Kurek, a musician living in Warsaw, known for his Pietnastka project and several solo albums released by Sangoplasmo, Digitalis and Crónica, will play specially for you. He has collaborated with theatre and contemporary dance groups: Lublin Dance Theatre and Centre Chorégraphique National de Rillieux-la-Pape (Lyon). He is the author or co-author of many instrumental projects, including Heroiny, Suaves Figures (with Sylvia Monnier), Betaville, Pietnastka (with Hubert Zemler). He has participated in music and theatre festivals, including Unsound (New York, Krakow), Humanist SK (Paris), OFF Festival (Katowice), CTM

GO SOBER FOR OCTOBER

Alcohol free menu available at the bar

→ 6.10 Sunday, 17:00

Ewa Środoń Duet, Hedwig's

A jazz meeting full of elegance and sensitivity. Subtle harmony and spontaneous improvisations. The intimate atmosphere offers listeners a truly moving musical experience.

→ 7.10 Monday, 19:00 Food Chain Project, Stradomska12

We are big fans of eco-life and zero waste. That's how we became partners of Itamar Gilboa's exhibition "FOOD CHAIN PROJECT". We invite you to another meeting, it will be led by the chef of Stradomska12 - Robert Panek. The topic will be pickles. We will focus on how to prepare them correctly, so that you can enjoy their taste even in winter. In addition to learning the techniques, we will taste pickles prepared by the chef.

Price: 100 pln

Booking: events@stradomhouse.com

→ 11.10 Friday, 20:30 - 1:00 DI Noz, Hedwig's

→ 12.10 Saturday, 20:30 - 1:00

DJ Mike Konstanty, Hedwig's







a menu of salty and sweet snacks prepared by our Chef.





→ 13.10 Sunday, 17:00

Ela Kulpa, Hedwig's

Ela Mea Kulpa - a charismatic vocalist and actress, a graduate of the Krakow PWST and the Academy of Jazz and Popular Music in Katowice. Participant of many music festivals in Poland and abroad. She also sang in the legendary The Willows Revival Singers. She currently collaborates with one of the oldest traditional jazz bands in Poland, the iconic Old Metropolitan Band. Together with a group of Krakow jazzmen, she also performs in clubs under the name: Mea Culpa & Jazz Roosters.

→ 17.10 Thursday, 19:00



Nago Sushi & Sake, Hedwig's

What connects Nago Sushi & Sake and Hedwig's Club? We are close neighbours. We have a passion. We treat our guests as friends who we host at our homes. We want everyone who visits our places to feel taken care of and warmly welcomed. We decided to create something new together. We invite you to a tasting dinner at Hedwig's, during which you will have the opportunity to see, and above all, taste this unusual blend.

Marek Siol i Artur Kornecki - Nago Sushi & Sake Szymon Wąsowski i Kamil Skoczek – Hedwig's Club Booking: events@stradomhouse.com

Press: Nago Sushi



→ 23.10 Wednesday, 18:00 Workshop: Bartending Basics, Hedwig's

Our bar manager will show you how to prepare syrups, foams and how to combine alcohols to create cocktails, even at home without professional equipment. Each guest will prepare 3 cocktails from products they have created. Free admission for all interested.

→ 25.10 Friday, 20:30 - 1:00 DJ Chriss Jaxx, Hedwig's



→ 26.10 Saturday, 10:00 - 13:00 Pink Ribbon Day, The Salon



We would like to invite all women to the October meeting on the topic of prevention. We will start the meeting with a yoga session, which will help to relax the body and mind. At 11 am a lecture with the Krakow Amazons will begin. We will talk, exchange experiences, but above all learn how to take care of our health. Another attraction will be a meeting with the make-up artist Agini, who will present pink blush in several versions.

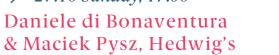
→ 26.10 Saturday, 20:30 - 1:00 DJ Kristoffair, Hedwig's





Press: Daniele di Bonaventura & Maciek Pysz

→ 27.10 Sunday, 17:00



Daniele di Bonaventura was born in Italy (Fermo, Marche) and is a composer, arranger, pianist and bandoneonist. From the beginning of his musical career he was fascinated by musical improvisation. He studied classical music from the age of eight, learned to play the piano, cello, but also to conduct the orchestra. The scope of his musical activities extends from classical music to contemporary music, through jazz, tango, world music and theatre, cinema and dance. He performs with artists such as Paolo Fresu. This evening, Maciek Pysz, who has already been a guest on our stage several times, will perform alongside Daniele. We invite you to Hedwig's for this exceptional musical duet.

Tickets: 69 pln

Booking: events@stradomhouse.com

→ 31.10 Thursday, 20:00

Stradom House Art Tour

Stradom House is not only a hotel, but also a place friendly to artists. During the guided tour, you will be able to see the art collected in Stradom House. You will be guided by the curator of the collection - Rafał Stanowski

→ 18.10 Friday, 20:30 - 1:00 DI Michi Moss, Hedwig's → 19.10 Saturday, 20:30 - 1:00

DJ Radek Pestka, Hedwig's



→ 20.10 Sunday, 17:00 SUR & PYSZ, Hedwig's

Two artists from different cultures invite you on a journey into the land of improvised music and music inspired by the landscapes of southern France and Morocco. In this unique project, Maciek Pysz joins forces with the French artist Davy Sur to create expansive, open and poetic music evoking the open spaces of Morocco: organic and raw, yet searching for introspection and "space".

The first musical contact of the artists was established in Monaco, in 2014. A year later, they met again, this time in the south of France. They spent several months in isolation, searching for new forms of interaction. The result of their meeting is a free, fluid sound, silence pierced by subtle noises and whispers. Their debut album "Space Jazz", released by Ozella Music in 2018 is captivating and gives a sense of a foretaste of something great.







