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Stradom House Events

X

1 SEPTEMBER 2024

→ 30 SEPTEMBER 2024

→ *Every Monday, SÓL Fit*
 17:00 + 17:30 - Introductory Training
 18:00 - Stretching & Mobility
 19:00 - Circuit Training

→ *Every Tuesday, SÓL Fit*
 19:00 - Yoga

→ *Every Thursday, SÓL Fit*
 10:00 - Aerial Stretching
 17:00 + 17:30 - Introductory Training
 18:00 - Stretching & Mobility
 19:00 - Circuit Training



Booking is required for sport classes. Number of spots is limited. We also invite you to personal trainings.

Booking: membership@stradomhouse.com

PARKING -50% OFF FOR CLIENTS OF THE BAR EVERYDAY 12:00 - 16:00

→ *Every Wednesday, 18:00 - 22:00*

OPEN EVENT

OPEN DECKS, Hedwig's

Have you ever dreamed of returning to the golden age of music? Now you have the chance! Our Retro Music Corner awaits you with an amazing collection of vinyl records and a unique turntable. Immerse yourself in the warm, analog sound that only vinyls can offer.

→ *Every Thursday, 18:00 - 22:00*

OPEN EVENT

Shellfish Soirée + DJ, Courtyard

We invite you to special Thursdays at Stradom House! We will serve fresh oysters, which will go perfectly with delicious gin or prosecco! The evening will be made more pleasant by live music. A different DJ will be a guest on our patio every Thursday.

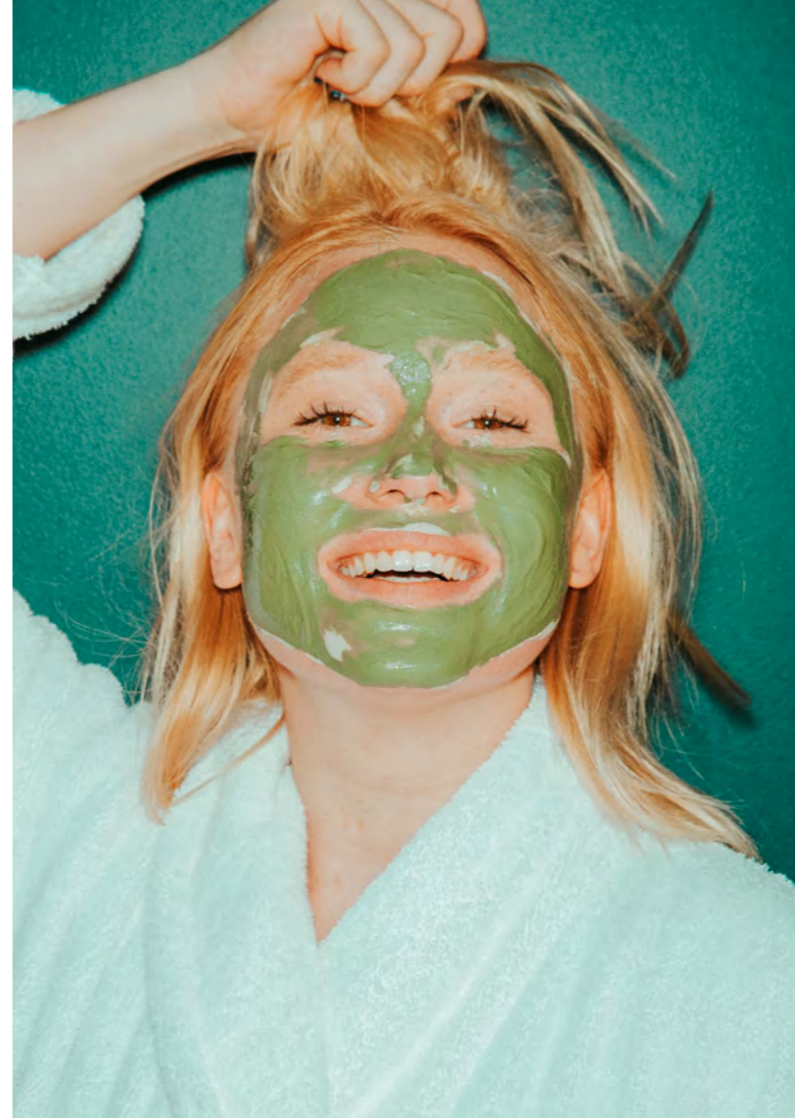
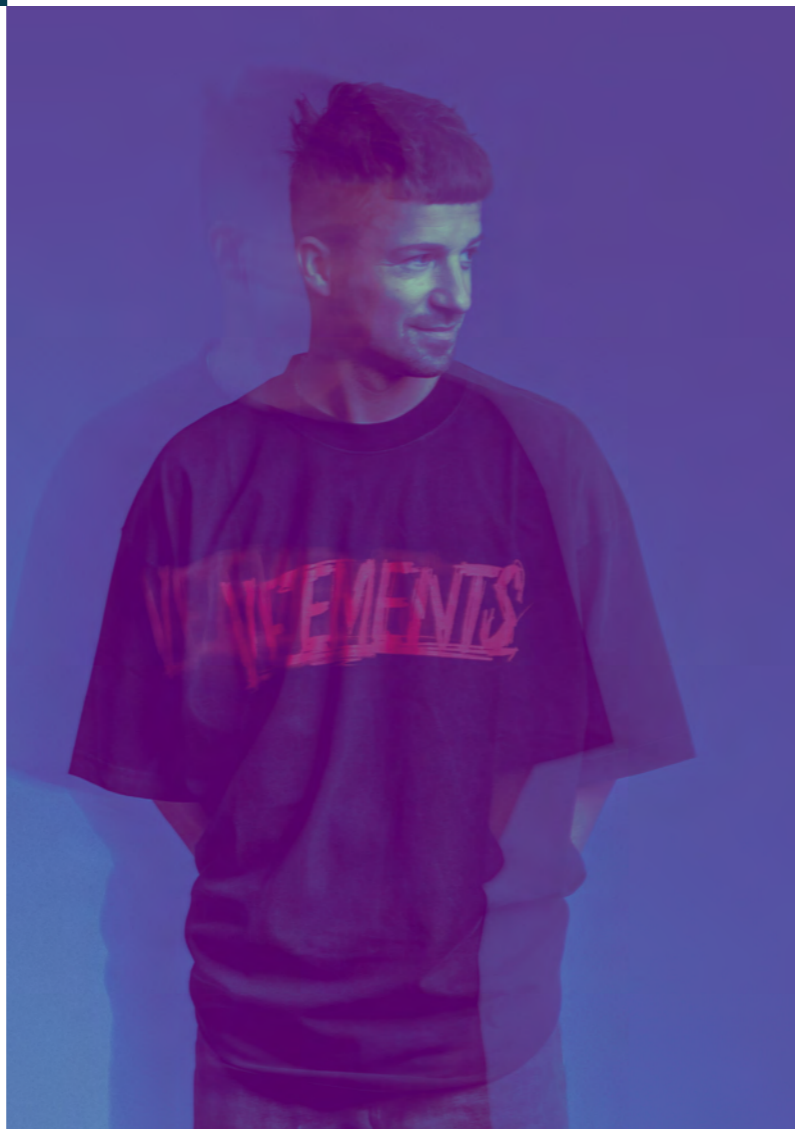
→ *Every Sunday, 16:00 - 21:00*

OPEN EVENT

Afternoon Tea, Hedwig's

Every Sunday, starting from 8.09, we will serve specially prepared sweets and a set of canapés. Everything preserved in British style. We invite you to exceptional afternoons full of tea, delicacies and pleasant conversations!

Press Materials: LOUI



→ 07.09, Saturday, 20:30 - 1:00

OPEN EVENT

SUNSARA, Hedwig's

Creator of progressive and deep sound in the vibe of deep organic and afro house. Under this alias Mila Glückspilz, a talented woman from Lubin in Lower Silesia. An artistic soul; she plays, creates, paints, and above all has an incredible gift of creating a magical aura, caressing the senses with the soothing sound of warm oriental music. Her soul of a music lover led her to the Warsaw club scene in 2019. Since then, she has been evolving as a DJ and producer. Mila finds herself perfectly in the house genre, and in particular in these "sunny" varieties. Her performances are saturated with passion and fill the heart with the power of good vibrations. She collaborates with violinist Ewelina Krupa, creating magical performances in the rhythm of Deep Organic. In August she performed at the Niebo club (Warsaw) supporting the Klangphonics Team and telling a beautiful musical story in a melodic techno/electronic atmosphere, and in September on the day stage of Sadzimy Techno Las (Institute), showing that music has many names, and what counts is good energy. Join her musical space!

Press Materials: Sunsara

→ 05.09 - 08.09, Thursday - Sunday

Open Weekend for Members, SÓL Wellness

We are happy to invite Membership Club members to special open days in our wellness zone! This time you can bring your loved ones with you at no extra charge. This is the perfect opportunity to relax together in a unique atmosphere and everyone who takes part in the event will receive a healthy vitamin shot!

Limited number of places.
 Booking: membership@stradomhouse.com

→ 06.09, Friday, 20:30 - 1:00

OPEN EVENT

Polish Vibes x DJ Spajder Jeruzalem, Hedwig's

We invite you to an unforgettable evening with DJ Spajder Jeruzalem, which will take place at the Hedwig's club. Prepare yourself for an exceptional musical journey, full of classic Polish and foreign hits in new, interesting versions!



→ 08.09, Sunday, 18:00

OPEN
EVENT

MACIEK PYSZ TRIO, Hedwig's

An evening of jazz/world music with Maciek Pysz Trio. The lyrical guitar virtuoso, who has lived in France for years, and his exceptional trio will present an original program. Maciek will play music full of passion and melody, which will take us on a journey through France, Italy and South America. Free entrance.

Maciek Pysz - Guitar
Jakub Cywiński - Double Bass
Max Olszewski - Drums

→ 13.09, Friday, 20:30 - 1:00

OPEN
EVENT

DJ MEG, Hedwig's

For over 19 years on the Polish club scene, DJ, event organizer, associated with the Krakow club Prozak 2.0 for 12 years. Although she comes from Silesia, she took her first DJ steps in Lublin, in the now defunct club MC'. A key moment for her was her stay in London in 2005, where she honed her DJ skills, created her first collection of vinyl records and discovered the local club scene. Currently, her place is Krakow, where as a co-owner of the Prozak 2.0 club, she organized events with over 100 artists, including: Ame, Dixon, Damian Lazarus, Apparat, Dettmann, Digweed, Mayer, Kollektive Turmstrasse, Miss Kittin, Mulero, Recondite and many, many others.

Press Materials: MEG



Press Materials: Olga Pawłowska

brings new stimuli, which causes the heart rate to increase. Olga Pawłowska wants to draw the audience's attention to areas of reality that seem to resist imposed rhythm. When we confront nature, and especially the power of the sea or mountains, we have the impression that they exist beyond time. The artist uses multiple visual forms to express her affirmation of nature and the buildings built in its image. She directs a situation that encourages a radical slowdown,

→ 24.09, Tuesday, 20:30

OPEN
EVENT

Art Walk, Stradom House

Stradom House is not only a hotel, but also an artist-friendly place. Our collection includes many works that are available for viewing not only for hotel guests, but also by external guests. During the tour, you will be able to see the art collected in Stradom House. You will be guided by the collection's curator - Rafał Stanowski. Participation is free.

→ 27.09, Friday, 20:30 - 1:00

OPEN
EVENT

DJ AMAN, Hedwig's

AMAN is a Krakow based DJ and music enthusiast. His mission is to share and entertain the audience with lesser known tracks inspired by Afro House, Progressive House and Melodic Techno.

→ 28.09, Saturday, 20:30 - 1:00

OPEN
EVENT

DJ Kristoffair, Hedwig's

Press Materials: Maciek Pysz



→ 14.09, Saturday, 20:30 - 1:00

OPEN
EVENT

DJ LOUI, Hedwig's

DJ and producer. A big fan of house music, who has gained recognition and a loyal audience for over two decades of presence on the scene. House in this artist's version is a fusion of light deep sounds with elements of nu-disco and soul/funk. He experiments and surprises!

→ 20.09, Friday, 20:30 - 1:00

OPEN
EVENT

DJ KUVVIX, Hedwig's

→ 21.09, Saturday, 20:30 - 1:00

OPEN
EVENT

End of Summer in MYKONOS, Courtyard

For one night, the Courtyard will transform into a Greek island. Fabulous decorations and a chillout zone await you. Immerse yourself in the rhythms of organic house, afro house and house. Say goodbye to summer with us in Greek style!

Performed by: DJ Mike Konstany
Dresscode: white / light colors

→ 24.09, Tuesday, 19:30

OPEN
EVENT

30 beats per minute / Olga Pawłowska, Hedwig's

Exhibition in cooperation with Bunkier Sztuki, where the main part of the exhibition takes place. The human heart beats between 60-100 times a minute. Each day



→ 29.09, Sunday, 18:00

OPEN
EVENT

MACIEK PYSZ TRIO, Hedwig's

A unique jazz evening with the Maciek Pysz Trio, which will play the leader's original music as well as well-known standards and melodies from the catalog of Brazilian, French and American Jazz. Free entrance.

Maciek Pysz - Guitar
Jakub Cywiński - Double Bass
Marcin Konieczkiewicz - Saxophone

→ 30.09, Monday, 19:00

OPEN
EVENT

Food Chain Project, Stradomska12

Stradom House is a huge fan of eco-life and zero waste. That's why we became a partner of Itamar Gilboa's exhibition "FOOD CHAIN PROJECT". On this occasion, we invite you to another meeting, which will be led by the chef of Stradomska12 - Robert Panek. The topic of this meeting will be pickles and silages. We will focus on how to prepare them correctly, so that even in the middle of winter we can enjoy their taste. In addition to learning these techniques, we will test pickles and silage previously prepared by the chef.

Participation fee: 100 pln
Booking: gabriela.kedzierska@stradomhouse.com